



**Rocky Mountain
High Adventure Base
RMHAB
Poncha Springs, Colorado**

July 18th thru July 24th

WHAT:

Troop 10 will be attending a High Adventure Scout Camp in Colorado in July 2010.

WHEN:

July 18th through July 24th, 2010

WHERE:

Poncha Springs, Colorado About 100 miles west of Colorado Springs.

WHO:

Scouts that have completed the 7th grade by the end of this school year or are 13 years of age. As well as their parents/guardians, and any Troop Leader.

COST:

\$360 plus travel and incidental fees (food while traveling)

REGISTRATION & CONTACT INFORMATION:

Register with Quintin Cokingtin as soon as possible.

qlc@sbcglobal.net

ACTIVITIES:

White water rafting, rock climbing, rappelling, backpacking and hiking up a Colorado 14er (that's a 14,000+ foot mountain).

TRAVEL ARRANGEMENTS:

These will be each family's responsibility. We anticipate that carpooling will be arranged between the participants.

FURTHER INFORMATION:

- Rocky Mountain High Adventure Base
 - <http://www.rockymountaincouncil.org/RMHAB.htm>
- Rocky Mountain High Adventure Base 2010 Leader's Guide
 - <http://www.rockymountaincouncil.org/forms/RMHABLdrGuide.pdf>
- Rocky Mountain High Adventure Base – **REQUIRED** Health Form
 - <http://www.rockymountaincouncil.org/forms/HealthFormCO.pdf>

Located in the high country of southern Colorado near Poncha Springs, Rocky Mountain High Adventure Base offers white water rafting and backpacking programs in a breathtaking mountain setting.

Our whitewater rafting experience pits you against the roaring Arkansas River as it fights its way along the sheer rock walls of the Brown's Canyon of the Arkansas. After receiving training from our certified River Guides, your crew will join them for two days of exciting - and wet - whitewater rafting. And that's only half the story...

Whitewater rafting only begins your Rocky Mountain adventure... the challenge of the Rocky Mountains still awaits your unit. Our mountain program offers a diverse range of activities to meet the needs and desires of everyone attending RMHAB.



You and your crew will participate in a two-day trek into the Rockies with our Mountain Staff, along the Colorado or Rainbow Trail, hiking approximately 15 miles. After receiving training in hiking, packing and low impact camping, your crew will begin their two-day adventure with our guides. RMHAB provides your meals and snacks on the trail and can provide tents and cooking equipment. However, if your troop does own such trail equipment it is advisable to bring gear that you are familiar with, for your own comfort and convenience. A camera is a **MUST** to record your Rocky Mountain Experience!

